Push-up Scoring Table for Servicemen.

Age	<22	22-24	25-27	28-30	31-33	34-36	37-39	40-42	43-45	46-48	49-51	52-54	55-57	58-60
Age Group	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**	**9**	**10**	**11**	**12**	**13**	**14**
Repetitions	**Total Score**													
60	25													
59	24	25												
58	24	24	25											
57	24	24	24	25										
56	24	24	24	24	25									
55	23	24	24	24	24	25								
54	23	23	24	24	24	24	25							
53	23	23	23	24	24	24	24	25						
52	23	23	23	23	24	24	24	24						
51	22	23	23	23	23	24	24	24	25					
50	22	22	23	23	23	23	24	24	24					
49	22	22	22	23	23	23	23	24	24	25				
48	22	22	22	22	23	23	23	23	24	24				
47	21	22	22	22	22	23	23	23	24	24	25			
46	21	21	22	22	22	22	23	23	23	24	24			
45	21	21	21	22	22	22	22	23	23	24	24	25		
44	21	21	21	21	22	22	22	22	23	23	24	24		
43	20	21	21	21	21	22	22	22	23	23	24	24		
42	20	20	21	21	21	21	22	22	22	23	23	24	25	
41	20	20	20	21	21	21	21	22	22	23	23	24	24	
40	20	20	20	20	21	21	21	21	22	22	23	23	24	25
39	19	20	20	20	20	21	21	21	22	22	23	23	24	24
38	19	19	20	20	20	20	21	21	21	22	22	23	23	24
37	19	19	19	20	20	20	20	21	21	22	22	22	23	24
36	18	19	19	19	20	20	20	20	21	21	22	22	23	23
35	18	18	19	19	19	20	20	20	21	21	21	22	22	23
34	18	18	18	19	19	19	20	20	20	21	21	21	22	23
33	17	18	18	18	19	19	19	20	20	20	21	21	22	22
32	17	17	18	18	18	19	19	19	20	20	20	21	21	22
31	17	17	17	18	18	18	19	19	19	20	20	20	21	22
30	16	17	17	17	18	18	18	19	19	19	20	20	21	21
29	16	16	17	17	17	18	18	18	19	19	19	20	20	21
28	16	16	16	17	17	17	18	18	18	19	19	19	20	20
27	15	16	16	16	17	17	17	18	18	18	19	19	19	20
26	15	15	16	16	16	17	17	17	18	18	18	19	19	19
25	14	15	15	16	16	16	17	17	17	18	18	18	19	19
24	13	14	15	15	16	16	16	17	17	17	18	18	18	19
23	12	13	14	15	15	16	16	16	17	17	17	18	18	18
22	11	12	13	14	15	15	16	16	16	17	17	17	18	18
21	10	11	12	13	14	15	15	16	16	16	17	17	17	18
20	9	10	11	12	13	14	15	15	16	16	16	17	17	17
19	8	9	10	11	12	13	14	15	15	16	16	16	17	17
18	6	8	9	10	11	12	13	14	15	15	16	16	16	17
17	4	6	8	9	10	11	12	13	14	15	15	16	16	16
16	2	4	6	8	9	10	11	12	13	14	15	15	16	16
15	1	2	4	6	8	9	10	11	12	13	14	15	15	16
14	0	1	2	4	6	8	9	10	11	12	13	14	15	15
13	0	0	1	2	4	6	8	9	10	11	12	13	14	15
12	0	0	0	1	2	4	6	8	9	10	11	12	13	14
11	0	0	0	0	1	2	4	6	8	9	10	11	12	13
10	0	0	0	0	0	1	2	4	6	8	9	10	11	12
9	0	0	0	0	0	0	1	2	4	6	8	9	10	11
8	0	0	0	0	0	0	0	1	2	4	6	8	9	10
7	0	0	0	0	0	0	0	0	1	2	4	6	8	9
6	0	0	0	0	0	0	0	0	0	1	2	4	6	8
5	0	0	0	0	0	0	0	0	0	0	1	2	4	6
4	0	0	0	0	0	0	0	0	0	0	0	1	2	4
3	0	0	0	0	0	0	0	0	0	0	0	0	1	2
2	0	0	0	0	0	0	0	0	0	0	0	0	0	1
1	0	0	0	0	0	0	0	0	0	0	0	0	0	0